

World Suicide Prevention Day

Events and Activities ideas list

- Information table/booth/display
- Pop up/local coffee shop booth
- Workshops
 - Ex. QPR training
- Public/panel discussions
- Walk of Remembrance
- Proclamations to declare Sept 10 World Suicide Prevention Day
- Movie Screening
- Theatre production about suicide/suicide prevention
- Public event
 - Ex. BBQ lunch/picnic, supper
 - Large visual event ex. using items in an open space to represent number of deaths that occur annually in Alberta
- Share information through social media, email, and other networks
- Drumming Circle
- Cycling event
- Articles in newspapers
- Radio/tv interviews
- Distribute resources to local business, organizations, fire halls, police stations, etc.
- Resource fair
- School Presentations
- Engagement activity
 - Ex. Lego building contest
- Candle lighting

If you have any additional ideas you would like to share, please contact Patti at patti.stark@ualberta.ca.